

Participant ID:

{pid}

Date of Visit:

{d_form}

Acrostic:

{acrostic}

Administered By:

{compby}

Visit Code:

{visit_code}

Barcode:

{barcode}

1. I tend to bounce back quickly after hard times.

{bounce}

- ()
- (1) Strongly Disag
- (2) Disagree
- (3) Neutral
- (4) Agree
- (5) Strongly Agree
- (-8) Refused/Left f

2. I have a hard time making it through stressful events.

{stress}

- ()
- (5) Strongly Disag
- (4) Disagree
- (3) Neutral
- (2) Agree
- (1) Strongly Agree
- (-8) Refused/Left f

3. It does not take me long to recover from a stressful event.

{recover}

- ()
- (1) Strongly Disag
- (2) Disagree
- (3) Neutral
- (4) Agree
- (5) Strongly Agree
- (-8) Refused/Left f

4. It is hard for me to snap back when something bad happens.

{snapback}

- ()
- (5) Strongly Disag
- (4) Disagree
- (3) Neutral
- (2) Agree
- (1) Strongly Agree
- (-8) Refused/Left f

5. I usually come through difficult times with little trouble.

{difficultg}

- ()
- (1) Strongly Disag
- (2) Disagree
- (3) Neutral
- (4) Agree
- (5) Strongly Agree
- (-8) Refused/Left f

6. I tend to take a long time to get over set-backs in my life.

{setbacks}

- ()
- (5) Strongly Disag
- (4) Disagree
- (3) Neutral
- (2) Agree
- (1) Strongly Agree
- (-8) Refused/Left f

Total Score:

Brief Resilience Scale

PID: _____ ADMINISTERED BY:

ACROSTIC: _____

VISIT: _____

DATE of VISIT: / / 20



Please respond to each item by marking <u>one box per row</u>		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1.	I tend to bounce back quickly after hard times.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	I have a hard time making it through stressful events.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	It does not take me long to recover from a stressful event.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	It is hard for me to snap back when something bad happens.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	I usually come through difficult times with little trouble.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	I tend to take a long time to get over set-backs in my life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>